

Middle School Life Skills Support

Overview of Curricular Domains & Goal Areas

CURRICULAR DOMAINS AND GOAL AREAS – Ages 11-14

Functional Academics

- Functional Math
 - Number Sense
 - Mathematical Operations
 - Money Skills
 - Understanding Time
 - Using Measurement
 - Real Life Application
- Functional Reading
 - Decoding
 - Sight Vocabulary
 - Fluency
 - Comprehension Skills
 - Functional Vocabulary
- Functional Writing
 - Personal Information
 - Increasing Written Expression

Functional Technology Skills

- Managing Assistive Technology
- Basic Internet Skills
- Using Computer Software (e.g.: Microsoft Office, etc.)
- Using Everyday Technology (e.g.: calculators, I-Pad, etc.)

School Skills and Attitudes

- Making Good Choices
- Managing Emotions
- Showing Respect for Self and Others
- Personal Organization
- Independent Task Completion
- Willingness to Try New Things
- Following Written/Picture Directions
- Following Verbal Directions
- Being Prompt and Prepared
- Having a Positive Attitude
- Accepting Responsibility for Actions
- Managing Belongings and Personal Space

Social Skills

- Interacting in a Group Setting
- Listening Skills
- Conversation Skills
- Manners
- Making Requests
- Responding to Requests
- Understanding Emotions/Feelings
- Expressing Emotions/Feelings Appropriately
- Self-Advocacy
- Compromising
- Developing Positive Relationships

Habits of Wellness

- Personal Grooming and Hygiene
- Nutritional Habits
- Participating in Leisure Activities
- Managing Stress
- Practicing Safety
- Dressing Appropriately
- Independent Living Skills

Additional Resources and Supplementary Supports & Activities

Research-Based Reading Interventions:

Reading Mastery
Edmark Reading (Sight word)
Language for Learning
System 44
Corrective Reading
i-Ready Literacy program

Research-Based Math Interventions:

Ablenet Equals
Touch Math
Connecting Math Concepts
i-Ready program

Functional Academics:

Edmark Functional Words Series
Intensive Teaching with Errorless Instruction

Social Skills:

Weekly Structured Social Skills Group using Skillstreaming
Natural Environment Teaching
Inclusion in Extra-Curricular Activities; Panther Pals
On –site Consultation & Training with PDE’s Autism Initiative
(formerly Verbal Behavior Program)

Pre-Vocational training:

Interest Inventories
School based vocational opportunities

Additional Supports and Programs:

Reading A-Z and Saddleback leveled reading books
ixl.com (math practice)
Discrete Trial Trainer
On –site Consultation & Training with PDE’s Autism Initiative
(formerly Verbal Behavior Project)